Sexual Health Education in New Mexico - Rising Impact 9/3/25, 7:13 PM





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Sexual Health Education in Improving Access with an Entertainment-Education A



ers agree to support each other. Angel (left), a nurse at the juvenile detention e) and Micah (right), all met.

To address high rates of teen pregnancy and STIs among teens involved or at risk of being involved in the juvenile justice system, we partnered with the Policy & Research Group to produce "Unstained," an entertainment-education pilot video mini-series around sexual health for the Juvenile Justice Impact and Innovation Network.

A Drama that Inspires Social Change

Sofia and Micah, two teenage girls in New Mexico, navigate family and relationship conflicts. Circumstances lead them to get involved in the justice system.

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At the detention center, they meet Angel, a nurse practitioner who provides sexual health information and resources. Possible pregnancy and STIs are issues both girls confront. Upon release, Sofia and Micha support each other. They discuss the complexities of sexuality, healthy relationships, consent, and contraception. Angel becomes a mentor for the two teens.

Teens Involved in the Justice System and Pregnancy

Teens in the juvenile justice system are at greater risk for pregnancy and STIs. 50% of teen girls in the justice system experience pregnancy

(<u>HHS</u>). New Mexico has a high rate of teen pregnancy (<u>New Mexico Voices</u>), which increases significantly among this group.

Our entertainment-education intervention is designed to reduce sexual and other risk behaviors. Reducing these risks leads to improved health outcomes for young people involved or at risk of being involved in the juvenile justice system.

Why Are Teens in New Mexico's Juvenile Justice System at Higher Risk?

- Lack of access to sex education or services
- Don't fully grasp the consequences of pregnancy and STIs
- Past abuse and trauma lead to riskier behaviors and difficulty communicating consent

Pilot Study: Positive Impact of Entertainment-Education on Teen Sexual Health

Among young people involved in the justice system who watched the mini-series:

- 68% of study participants agreed or strongly agreed that the videos changed how they think about their sexual health
- 87% of participants rated the overall quality of the videos as good, very good, or excellent
- 72% of participants said they would recommend the videos to their peers

Results were maintained at the 1-month post-intervention follow-up.

Future Plans: Expanding "Unstained" to Reduce Teen Pregnancy in High-Need Communities

The Office of Population Affairs has awarded "Unstained" a grant to undergo rigorous testing so that it can be cleared as a US government agency intervention to reduce teen pregnancy in communities with the highest need. "Unstained" is made possible by a grant from the HHS

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Office of Population Affairs and supporters like you.

The Power of Entertainment-Education: Influencing Social and Behavioral Change

Entertainment-Education (EE) influences social and behavioral change at multiple levels of society. The bond between audiences and characters provides connection, role-modeling, and a trusted source of accurate information, leading to lasting behavior change.

To learn more about the program, check out the Juvenile Justice & Impact Network's website. Or, learn more about our Empowered People programs.

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Let's create social change together

