

EMPLOYER ACTION GUIDE

Supporting Proactive Health Screenings & Time Off

Early detection can save lives.

Encouraging employees to get regular cancer screenings by providing time off removes barriers to proactive care and fosters a culture of health and well-being.



Empower Employees to Take Time Off

- ☐ Encourage employees to use their existing time off for proactive care.
- ☐ Offer dedicated, paid time off specifically for proactive cancer screenings.
- ☐ Ensure policies cover all recommended screenings (e.g., mammograms, colonoscopies, skin checks).

Make It Easy & Accessible

- ☐ Communicate clearly that employees can use PTO for screenings without penalty.
- ☐ Offer flexibility in scheduling to accommodate screening appointments.
- ☐ Partner with local providers or on-site health clinics for screenings at work.

Raise Awareness

- ☐ Incorporate reminders about screenings in benefits communications, newsletters, and team meetings.
- ☐ Provide education on recommended screenings based on age, gender, and risk factors.
- ☐ Leverage internal champions or health advocates to normalize proactive care.

Track & Improve Participation

- ☐ Measure screening utilization through employee surveys or benefits data.
- ☐ Address barriers to participation and continuously improve policies.

Providing paid time off for screenings improves early cancer detection, enhances employee well-being, and reinforces a culture of support. Employers should review and update their leave policies, launch an internal campaign, and provide clear guidance on scheduling screenings.



workingwithcancerpledge.com

Join the Movement

The Working with Cancer Initiative created the Screening Time Off program to help employers prioritize proactive screenings. Transcarent is proud to implement this initiative, ensuring our employees have the support they need. We encourage other employers to do the same and commit to fostering a healthier workforce.

Learn more about Screening Time Off [here](#).

**SCREENING
TIME OFF**