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Exclusive

Erin Andrews Gets Candid About Navigating Hardships as She Shares How Her Cancer Diagnosis Impacts Her Family Life (Exclusive)



[Erin Andrews](#) is encouraging everyone to be proactive with their health.

While speaking with PEOPLE for the Check for Cancer Movement, a new partnership she's launching with Aflac, the Fox sportscaster, 47, opens up about her personal journey navigating her cancer diagnosis and her fertility. The partnership aims to encourage people to stay up to date with their check-ups and prioritize their routine cancer screenings, which is something Andrews says she urges her family and friends to do.


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Erin Andrews on the Routine Doctor's Visit That Caught Her Cancer and Saved Her Life

The NFL sideline reporter is now a spokesperson for Aflac's new Check for Cancer campaign.

By Erica Sloan
September 3, 2025



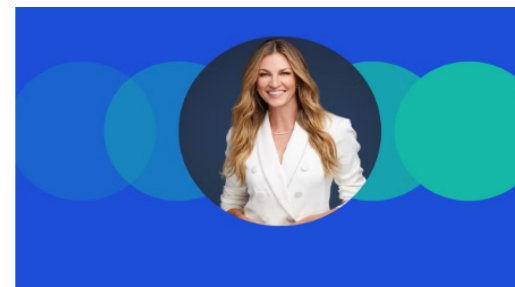
Erin Andrews is a couple minutes late to our Zoom chat. The veteran Fox Sports NFL sideline reporter was wrapping up her baby boy Mack's two-year checkup with the pediatrician—which is apt, given we're set to talk all about [doctor's visits](#). Andrews, who survived cervical cancer in 2016, is the national spokesperson for Aflac's new [Check for Cancer](#) campaign, which encourages folks to prioritize routine checkups and screenings for early cancer detection.

Andrews is a fitting face for it, given it was a regular annual visit to her gyno that surfaced her cancer and ultimately saved her life. She had no symptoms ([cervical cancer is notoriously sneaky](#)) but fortunately never missed a doctor's appointment. She had scheduled a bunch of them that summer, including one with the gyno, so she'd be all set before football season. When the doctor called to tell her about the cancer, and that she needed to get in for surgery ASAP, she was "floored, shocked, numb, inconsolable," she says.


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Erin Andrews Shares The Health And Wellness Habits That Get Her Through Football Season

Including the NFL player-approved treatment she swears by.



FOX Sports - Joseph Viles

When it comes to her health, Erin Andrews is willing to go the extra yard. If you ask the NFL broadcaster, *WEAR* by Erin Andrews creator, and *Calm Down* podcast host about her favorite wellness habits, she's quick to rattle off all the ones she's *obsessed* with—and, she's pretty much tried everything. "If you give me a fad, I'm right there," she says. (Next up on her list? [Infrared saunas](#).)

There are the fun things, like her lengthy [supplement](#) regimen, and the vital ones, like never skipping recommended cancer check-ups. For Andrews, being on top of her screenings made all the difference when she was diagnosed with [cervical cancer in 2017](#). "I was able to catch it. I was able to treat it. It was a lot, but it could have been much worse," she says.

Her passion for getting more people to their [recommended screenings](#) shines through as a self-described "nag" to friends and family about making their appointments. It's also why she's stepping into a national spokesperson role for [Aflac's Check for Cancer](#) campaign, which aims to