



Endeavor
HealthSM

SoCon Top Performers

December 2025

1. “Is an injection the answer to your joint pain?”

Platform posted on: Facebook

Link clicks: 13,576

Link to post:

<https://www.facebook.com/673399598148160/posts/1223311556490292>



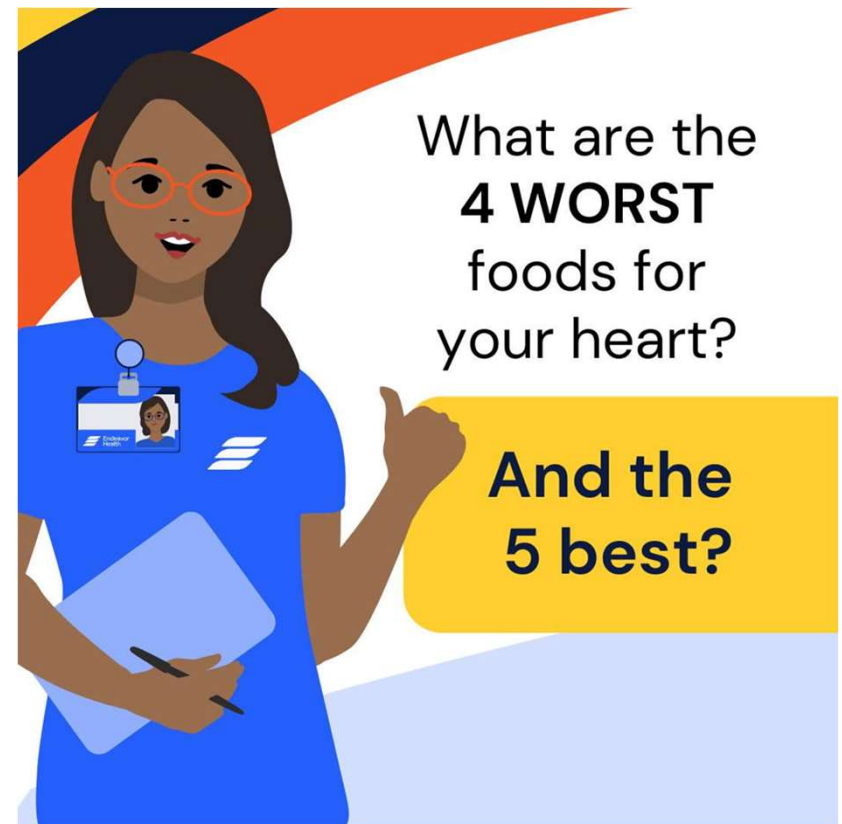
2. “The best and worst foods for your heart”

Platform posted on: Facebook

Link clicks: 12,312

Link to post:

<https://www.facebook.com/673399598148160/posts/1133679858786796>



3. “6 signs it’s time to see your doctor”

Platform posted on: Facebook

Link clicks: 9,460

Link to post:

<https://www.facebook.com/673399598148160/posts/1242206341267480>



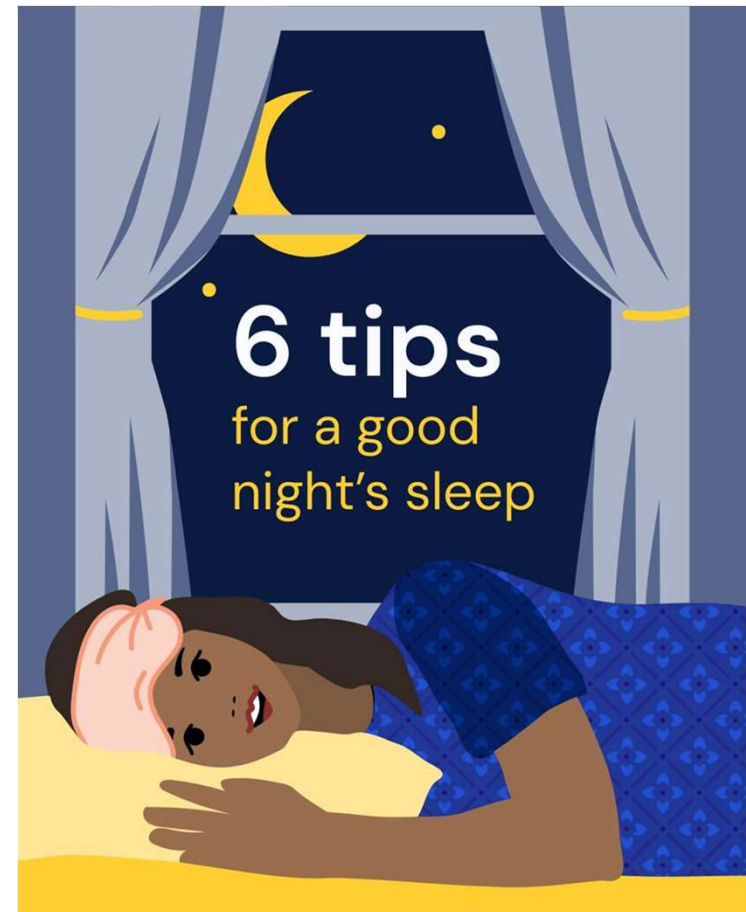
4. “6 ways to sleep better, from a neurologist”

Platform posted on: Facebook

Link clicks: 9,344

Link to post:

<https://www.facebook.com/673399598148160/posts/1226565786164869>



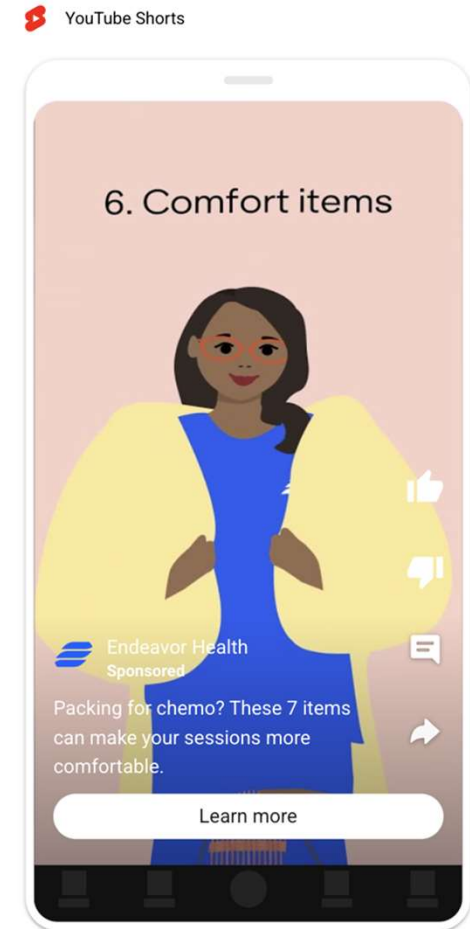
5. “7 must-haves to pack in your chemo bag”

Platform posted on: YouTube shorts

Link clicks: 8,854

Link to post:

https://www.youtube.com/shorts/TugsXOw2Z6c?si=xQFAA-AzEk_-8yRg



6. “6 tips for strong, healthy bones”

Platform posted on: Facebook

Link clicks: 8,513

Link to post:

<https://www.facebook.com/673399598148160/posts/1200787835409331>



7. "Injury recovery – ice or heat?"

Platform posted on: YouTube shorts

Link clicks: 8,325

Link to post:

https://www.youtube.com/shorts/px_FQnw6xO4?si=7aYume72L8Gx7BeS



8. “Brown bag lunches your kids will actually eat”

Platform posted on: Facebook

Link clicks: 7,957

Link to post:

<https://www.facebook.com/673399598148160/posts/1217955197025928>



9. “Which foods can lower your cancer risk?”

Platform posted on: Facebook

Link clicks: 7,735

Link to post:

<https://www.facebook.com/673399598148160/posts/1173466004808181>



10. "What is your heart age?"

Platform posted on: Facebook

Link clicks: 7,291

Link to post:

<https://www.facebook.com/673399598148160/posts/1195077129313735>

